

**Act of Consecration to the  
Most Sacred Heart of Jesus**

Merciful Jesus,  
I consecrate myself and my family  
to Your Most Sacred Heart.

Through the Immaculate heart of Mary,  
I offer you my prayers, works, joys and sufferings of this day.

I ask that You accept my offering for the intentions of my family and friends  
and in reparation for my sins.

Thank You for all Your gifts,  
general as well as special:  
for creation,  
redemption,  
the Sacraments,  
and for all the graces You have given me.

Please join my thanks with the continuous thanksgiving You offer  
to the Father in the Eucharist.

Grant me the grace to direct my heart and my mind to You  
throughout this day.

Fill me with Your love  
and grant that I may be faithful to Your commands,  
today and always.

Amen.